

WOLF HYBRID RACE



7 DE JUNIO

20 26



- RUN X 5 LAPS
ROW 01
1000 MTS
- RUN X 5 LAPS
SKI 02
1000 MTS
- RUN X 5 LAPS
SLED PUSH 03
6 LENGTHS
- RUN X 5 LAPS
BURPEES B. J. 04
80 MTS
- RUN X 5 LAPS
WALL BALLS 05
80 REPS

EVENT MAP

¡ATLETAS HORA SALIDA!

	Atleta	Atleta
7:00am	(04) Deidy Olarte	(06) Victoria Marquez
7:10am	(08) Angela Porras	(10) Yasmin Blanco
7:20 am	(13) Gabriela Rincon	(17) Johana González
7:30am	(21) Angie Duitama	(23) Ana Rodríguez
7:40am	(09) Katherine Rojas	(25) Ginna Reyes
7:50am	(24) Monica Rubiano	(27) Dayana Barinas
8:00am	(01) David Piratoba	(02) Miguel Pérez
8:10am	(3) Lisandro Triana	(5) Franck Espinosa
8:20am	(07) Camilo Rojas	(11) Oscar Rondón
8:30am	(12) Andrés Castellanos	(16) Anderson Mora
8:40am	(14) Jairo Duarte	(15) Diego Sanchez
8:50am	(19) Erin Santos	(18) Daniel Vanegas
9:00am	(20) Julian Gómez	(22) Cristian Aguilar
9:10am	(26) Nicolás Viasus	

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• EST. 2020 •
CASTLE WOLF
TRAINING CENTER



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